## **Jamestown New Horizons**

Jamestown New Horizons provides three 12-week riding sessions each year to children with disabilities. For additional information about the program, calendar of events, what's new, etc., please visit the JNH web site: <a href="www.jnh-goneriding.org">www.jnh-goneriding.org</a>. You may e-mail your comments and/or questions to <a href="jnhgoneriding@charter.net">jnhgoneriding@charter.net</a>. Also, you are invited to visit the JNH Facebook page.

## **Riding Sessions:**

Spring Session: March, April, May Summer Session: June, July, August Fall Session: September, October, November

## **Class Times:**

5:30 – 6:30 p.m. 6:30 – 7:30 p.m. 7:30 – 8:30 p.m.

## JNH volunteers should always be in uniform!

(1) JNH red shirt/logo T-Shirt (\$10) Long-sleeve T-Shirt (\$15) Sweatshirt (\$20)

(2) Tan, beige, khaki or taupe slacks or shorts (Do not wear blue jeans; tan jeans are fine.)

(3) Well-padded tennis shoes, hiking boots or riding boots

Please choose *a minimum of two hours* to volunteer and plan to come on the same day and at the same time each week. Should it be necessary to miss a day, or to arrive later than expected, please call the JNH office and leave message at: 314.741.5816 or if later than 5:00 p.m., call: 314.303.7454

Please know that your help can make a huge difference in the lives of the JNH riders.